

Ulster Workplace Wellness Summit

Creating a Culture of Health in Your Workplace



Learn how to build a strong employee wellness program



Gain inspiration from businesses and organizations who have successfully improved their employee's health through low or no cost programs



Network with organizations in your area that provide **FREE** programs and resources to promote health and wellness in the workplace



To Register for This Free event:
<https://ulsterww2019.eventbrite.com>

For more information or questions, please contact:

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Friday, January 31st, 2020

8:30 am – 3:30 pm

Breakfast and lunch will be provided

**HealthAlliance Hospital – Mary's Avenue Campus,
Auditorium**

75 Mary's Avenue, Kingston, NY 12401

