

Dutchess Workplace Wellness Summit

Creating a Culture of Health in Your Workplace



Learn how to build a strong employee wellness program



Gain inspiration from businesses and organizations who have successfully improved their employee's health through low or no cost programs



Network with organizations in your area that provide **FREE** programs and resources to promote health and wellness in the workplace

For more information or questions, please contact:

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To Register for This Free event:
<https://dutchessww2019.eventbrite.com>

Friday, November 15, 2019

8:30 am – 3:30 pm

Breakfast and lunch will be provided

Mid-Hudson Regional Hospital
241 North Road, Poughkeepsie, NY 12601



Performing Provider System (PPS)

Westchester Medical Center Health Network