

## Course: Disrupting Everyday Bias

Montefiore Hudson Valley Collaborative (MHVC) in collaboration with Cook Ross proudly presents multiple instructor led Disrupting Everyday Bias trainings. This training is MHVC’s commitment to “Enhance and transform health care of the population we serve in the Hudson Valley by committing to address the social determinants of health, that includes cultural and linguistic needs.”

### About This Training

Participants will receive skills to disrupt the impact of bias in their interactions, behaviors and decision-making by implementing Cook Ross’ PAUSE. To complete the PAUSE model, participants consider different actions they can take to disrupt bias. In small groups, participants identify biases in key work situations within the areas of talent, culture, and external relations. Then, participants brainstorm and commit to specific strategies they will use to disrupt biases.

By the end of this training, the learner will:

- Explore how bias functions in the brain and its impact on decision-making
- Examine how experiences and identities shape our biases
- Practice the PAUSE model and perspective-taking to disrupt biases
- Commit to implement strategies for disrupting bias in key work situations

### Who Should Attend

- Leaders
- Managers

### Training Dates

Date	Time	Location	Registration Deadline
<b>March 8, 2019</b>	Morning session: 9:00 AM – 12:30 PM Afternoon session: 1:30 PM – 5:00 PM	MHA Rockland	March 1, 2019
<b>March 13, 2019</b>	Morning session: 9:00 AM – 12:30 PM Afternoon session: 1:30 PM – 5:00 PM	Montefiore New Rochelle	March 8, 2019
<b>March 14, 2019</b>	Morning session: 9:00 AM – 12:30 PM Afternoon session: 1:30 PM – 5:00 PM	St. Luke’s Cornwall Hospital	March 8, 2019
<b>March 18, 2019</b>	Morning session: 9:00 AM – 12:30 PM Afternoon session: 1:30 PM – 5:00 PM	Montefiore Nyack Hospital	March 8, 2019
<b>March 19, 2018</b>	Morning session: 9:00 AM – 12:30 PM Afternoon session: 1:30 PM – 5:00 PM	Orange County, NY	March 11, 2019
<b>March 20, 2019</b>	Morning session: 9:00 AM – 12:30 PM Afternoon session: 1:30 PM – 5:00 PM	Yonkers, NY	March 11, 2019

### Registration

There are limited seats available for classes. Participants must obtain approval from their managers / supervisors before registering for a class. Click on the registration link and select the date and location of the training you would like to attend. Please contact Jasmine Cruz at [jascruz@montefiore.org](mailto:jascruz@montefiore.org) for more information.

**REGISTER HERE**