

## Course: Brief Action Planning

Montefiore Hudson Valley Collaborative (MHVC) is offering multiple instructor-led training on Brief Action Planning in 2019. This training is part of MHVC's cross project training strategy to help build patient-centered self-management support skills.

### About This Training

Brief Action Planning is a structured way of interacting with individuals interested in making a concrete action plan for some aspect of their health. It is based on the principles and practice of Motivational Interviewing and is supported by evidence from behavioral science and self-management support. The core skills of Brief Action Planning can be learned by anyone interested in supporting others to make change.

By the end of this training, the learner will:

- Utilize Brief Action Planning skills to engage patients and support self-management.
- Discuss basic principles of Motivational Interviewing (MI).
- Utilize Brief Action Planning tips to improve patient adherence.

### Who Should Attend

- Case managers
- Mental health providers including social workers who provide direct service, supervision, and administrative oversight

### Training Dates

Date	Time	Location	Presenter	Registration Deadline
Feb 14, 2019	9:00 AM – 5:00 PM	Goshen, NY	Deidra Brown	Feb 11, 2019
Mar 12, 2019	9:00 AM – 5:00 PM	Tarrytown, NY	Adyna Gamboa	Mar 8, 2019
Apr 19, 2019	9:00 AM – 5:00 PM	Valley Cottage, NY	Adyna Gamboa	Apr 16, 2019
May 10, 2019	9:00 AM – 5:00 PM	Valley Cottage, NY	Deidra Brown	May 7, 2019
Jun 13, 2019	9:00 AM – 5:00 PM	Mount Vernon, NY	Deidra Brown	Jun 10, 2019
Jul 11, 2019	9:00 AM – 5:00 PM	Cornwall, NY	Adyna Gamboa	Jul 8, 2019
Oct 3, 2019	9:00 AM – 5:00 PM	Tarrytown, NY	Adyna Gamboa	Sep 30, 2019

### Registration

There are limited seats available for classes. Participants must obtain approval from their managers / supervisors before registering for a class. Click on the registration link and select the date and location of the training you would like to attend. Please contact Adyna Gamboa at [agamboa@montefiore.org](mailto:agamboa@montefiore.org) for more information.

**Click to REGISTER**

### Continuing Education Disclosure

**Planner & Speaker Disclosure:** The planners and speakers have nothing to disclose

**Commercial Support:** There is no commercial support for this activity

This activity has been pre-approved by the Montefiore Learning Network for approval to award 6.0 contact hours. The Montefiore Learning Network is accredited as an approver of continuing nursing education by the **American Nurses Credentialing Center's Commission on Accreditation**. Successful completion requires attendance at entire session and completion/submission of evaluation form.

This program has been pre-approved by **The Commission for Case Manager Certification** to provide continuing education credit to CCM® board certified case managers. The course is approved for 6.0CE contact hours.

**NYS SW CE** (6.0 hours) approved under the auspices of The Mental Health Association of Westchester: Mental Health Association of Westchester County, Inc. is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers #SW-0097.