

MENTAL HEALTH FIRST AID

This training program helps you to learn how to offer help in a mental health crisis.

As their logo states:

Sometimes first aid isn't a bandage, or CPR or calling 911. Sometimes, first aid is **YOU.**

The Rockland County Department of Mental Health, Montefiore Hudson Valley Collaborative and the Mental Health Association of Rockland are sponsoring this **FREE** training for you, Adult Home direct care staff.

Available Dates

April 14th

May 12th

All classes begin **promptly at 8:30 and run until 4:30pm**

A light lunch will be served

RSVP Nicole Dumont at least one week before the class

Class size is limited email DumontN@mharockland.org with your **FULL NAME, ORGANIZATION, TITLE, & EMAIL.**

WHO SHOULD ATTEND

Med Techs

Case Managers

Front Desk Staff

Anyone who works directly with residents

WHY ATTEND

Increase your confidence when helping residents

WHERE

MENTAL HEALTH ASSOCIATION OF ROCKLAND

140 Route 303
Valley Cottage, NY 10989
Main Entrance- Suite H