

Course: Mental Health First Aid Instructor Training

Montefiore Hudson Valley Collaborative (MHVC) in collaboration with the National Council for Behavioral Health are hosting an instructor training on Mental Health First Aid in 2018. Mental Health First Aid teaches you how to identify, understand and respond to signs of mental illnesses and substance use disorders in your community.

Reasons to become a Mental Health First Aid Instructor:



Connect
Bring your community together



Advocate
Reduce negative attitudes about mental illnesses



Educate
Build mental health literacy



Lead
Show others how they can help

Who Should Apply to Become an Instructor?

A Mental Health First Aid instructor is required to serve as a presenter, facilitator and, most importantly, an ambassador of the Mental Health First Aid USA program. There are several key components that make an instructor successful. First and foremost, it is required that an instructor candidate has the following:

- General knowledge of mental health and substance use issues (for example: s/he is a mental health/substance use professional, has worked with individuals experiencing mental health disorders or is in recovery from mental illness or substance use disorders)
- Experience teaching groups of adults
- Understands best practices in adult learning
- Experience facilitating groups.

To find out more about the instructor role, please go to the following website:
<https://www.mentalhealthfirstaid.org/become-an-instructor/the-role-of-an-instructor/>

Application Requirements

There are two documents that need to be submitted for to apply for this opportunity. Please click on the on each button below and complete the linked document by the deadline date stated below:

APPLICATION

REFERENCE

Please return documents to Adyna Gamboa at agamboa@montefiore.org by August 15, 2018. Limited seats are available.

Training Information

Dates: October 17, 18 & 19 **Application Deadline:** August 15, 2018 (Including the Reference Document)

Hours: 9:00 AM to 5:00 PM

Location: Yonkers, NY (Address given upon acceptance/confirmation of training)

