

Course: Care Management (Disease Specific)

Montefiore Hudson Valley Collaborative (MHVC) is offering multiple instructor-led training on various disease specific care management topics in 2018. This training is part of MHVC's cross project training strategy that promotes the ongoing transformation of healthcare; specifically in building competencies in care management of complex cases. Here is a list of disease specific topics offered in 2018:

Diabetes

Participants will receive fundamental information on diabetes, its underlying cause and disease process, medical management, and patient education as it integrates to case management process. **Length of Training** - Four (4) hours.

Heart Failure

Heart failure, formerly known as congestive heart failure (CHF), means the heart can't pump enough blood to meet the body's needs. Participants will learn the common signs and symptoms of Heart Failure; self-management techniques to prevent exacerbation of heart failure; and implications for case management of impacted individuals. **Length of Training** - One (1) hour.

Hypertension

Hypertension is a serious medical condition where blood flows through the blood vessels with greater force than normal. This module will discuss hypertension, treatment and control and case management strategies to manage this serious medical condition. **Length of Training** - One (1) hour.

Cardiovascular Disease and Prevention

The majority of cardiovascular disease (CVD) is caused by risk factors that can be controlled, treated or modified, such as diet, exercise, obesity, high blood pressure, cholesterol, smoking and stress. This module will discuss modifiable and non-modifiable risk factors, case management interventions to address these risk factors and prevention of cardiovascular

Who Should Attend

The core skills of these topics are targeted to anyone interested in enhancing their knowledge base in complex case management.

Training Dates

- *Diabetes* – **October 9, 2018** – (12:30 PM to 5:00 PM) Peekskill, NY **Registration Deadline:** October 5, 2018
- *Heart Failure, Hypertension, and Cardiovascular Disease and Prevention* – **June 19, 2018** – (9:00 AM to 1:00 PM) Cornwall, NY **Registration Deadline:** June 17, 2018
- *Heart Failure, Hypertension, and Cardiovascular Disease and Prevention* – **Sept. 6, 2018** – (9:00 AM to 1:00 PM) Mount Vernon, NY **Registration Deadline:** Sept. 4, 2018

Continuing Education (CE) Credits

This program is approved for Commission for 4.0 hours of Commission for Case Manager Certification continuing education credits.

Registration

There are limited seats available for classes. You must obtain approval from your manager / supervisor before registering for a class. Please click on the registration link and select the date and location of the training you would like to attend.

REGISTER HERE