

Course: Brief Action Planning

Montefiore Hudson Valley Collaborative (MHVC) is offering multiple instructor-led training on Brief Action Planning in 2018. This training is part of MHVC's cross project training strategy to help build patient-centered self-management support skills.



About this course

Brief Action Planning is a structured way of interacting with individuals interested in making a concrete action plan for some aspect of their health. It is based on the principles and practice of Motivational Interviewing and is supported by evidence from behavioral science and self-management support. The core skills of Brief Action Planning can be learned by anyone interested in supporting others to make change.

Length of Training

- Seven (7) hours

This program has been approved by The Commission for Case Manager Certification to provide certified case managers with 6 clock hours

Who Should Attend

The core skills of Brief Action Planning can be learned by anyone interested in supporting others to make change. Participants in the following roles are recommended:

- Care Managers
- Patient Care Navigators
- Health Educators
- Care Support Roles

Training Dates

- February 16, 2018 (one-day session) – Goshen, NY **Registration Deadline:** February 13, 2018
- March 27, 2018 (one-day session) – Goshen, NY **Registration Deadline:** March 23, 2018
- May 10, 2018 (one-day session) – Cornwall, NY **Registration Deadline:** May 7, 2018
- May 11, 2018 (one-day session) – Yonkers, NY **Registration Deadline:** May 8, 2018
- July 23, 2018 (one-day session) – Cornwall, NY **Registration Deadline:** July 20, 2018
- August 17, 2018 (one-day session) – Tarrytown, NY **Registration Deadline:** August 14, 2018
- September 21, 2018 (one-day session) – Yonkers, NY **Registration Deadline:** September 18, 2018
- September 24, 2018 (one-day session) – Mount Vernon, NY **Registration Deadline:** September 21, 2018
- November 9, 2018 (one-day session) – Mount Vernon, NY **Registration Deadline:** November 5, 2018
- November 15, 2018 (one-day session) – Valley Cottage, NY **Registration Deadline:** November 12, 2018

Registration

There are limited seats available for classes. You must obtain approval from your manager / supervisor before registering for a class. Please click on the registration link and select the date and location of the training you would like to attend.

REGISTER HERE