

Course: Foundations of Motivational Interviewing

Montefiore Hudson Valley Collaborative (MHVC) is offering multiple instructor-led training on Foundations of Motivational Interviewing in 2017. This training is part of MHVC's cross project training strategy to help build patient-centered self-management support skills.



About this course

Motivational Interviewing is a collaborative conversation style to strengthen a person's own motivation and commitment to change. It is designed to strengthen personal motivation for and commitment to a specific goal by eliciting and exploring the person's own reasons for change within an atmosphere of acceptance and compassion.

Length of Training

- Seven (7) hours

Continuing Education

This program is approved for Commission for Case Manager Certification Continuing Education Units.

Who Should Attend

The core skills of Motivational Interviewing can be learned by anyone interested in supporting others to make change. Participants in the following roles are recommended:

- Care Managers
- Patient Care Navigators
- Health Educators
- Care Support Roles

Training Dates

- March 2, 2018 (one-day session) – Mount Vernon, NY **Registration Deadline:** February 28, 2018
- March 29, 2018 (one-day session) – Cornwall, NY **Registration Deadline:** March 27, 2018
- April 20, 2018 (one-day session) – April 18, NY **Registration Deadline:** April 18, 2018
- April 27, 2018 (one-day session) – Goshen, NY **Registration Deadline:** April 25, 2018
- May 18, 2018 (one-day session) – Yonkers, NY **Registration Deadline:** May 16, 2018
- May 24, 2018 (one-day session) – Mount Vernon, NY **Registration Deadline:** May 22, 2018
- June 14, 2018 (one-day session) – Cornwall, NY **Registration Deadline:** June 12, 2018

Registration

There are limited seats available for classes. You must obtain approval from your manager / supervisor before registering for a class. Please click on the registration link and select the date and location of the training you would like to attend.

REGISTER HERE